

Women's  
Centre

FRAUEN

ZENTRUM



ÖSTERREICHISCHER  
INTEGRATIONS  
FONDS

# WE ARE HERE FOR YOU

## Women's Centre services at a glance

### Personal counselling

Get direct and confidential advice and clarification on all integration issues.

### Consultation on jobs, training and education

Talk to experts about education and job opportunities and develop personal education plans.

### Consultation on health and family

Talk to specialists about family planning, pregnancy, sexuality and mental health.

### Consultation on self-determination and prevention of violence

Talk to female law enforcement officers and staff from violence protection organisations about all forms of violence.

### Expert seminars

Experts share information on work, education, training, health, violence, children and equal opportunities.

### German language courses

Attend learning groups for mothers and reading groups for parents and children.

### Excursions

Get to know important institutions and contact points together with other women.



Photos: Eugénie Sophie

WELCOME

## Free counselling for migrant women

The ÖIF-Frauzentrum is the Women's Centre of Österreichischer Integrationsfonds and the central point of contact for migrant women. It offers personal counselling, consulting hours and seminars on topics such as integration, education and training options, the labour market, health, self-determination, protection from violence and German language courses. The services are free of charge. Interpreters will be available as needed.

**Childcare is provided.**

## KOMPASS

### 100 Women, 100 Opportunities

The ÖIF programme "KOMPASS – 100 Women, 100 Opportunities" supports well-qualified migrant women in entering the job market. Women with a migration background receive six months of job application training and individual coaching and can take part in seminars, workshops and network meetings.

[integrationsfonds.at/kompass](https://integrationsfonds.at/kompass)



# Contact

## **ÖIF-FRAUENZENTRUM**

Landstraßer Hauptstraße 26  
1030 Wien

✉ [frauen@integrationsfonds.at](mailto:frauen@integrationsfonds.at)

☎ 01 715 10 51 113

📍 [integrationsfonds.at/frauen](https://integrationsfonds.at/frauen)

Consultation, seminars and consulting hours are also offered by the ÖIF Integration Centres in other regional capitals of Austria.

